ITHS | Institute of Translational Health Sciences
Accelerating Research. Improving Health.

2016 Networking to Enhance Development Conference
Expand Your Reach: Take Your Communication and Planning Skills to the Next Level

Friday, May 6th, 9:30am-4:30pm

Seattle, WA | UW Medicine, South Lake Union, Building C

9:00 – 9:30am: **Coffee and Check-in** *(SLU Lobby)*

9:30 - 9:50am: **Welcome and Introduction to the Day** *(Orin B. Smith Auditorium)*
Carlos de la Pena, ITHS Executive Director
Laura Baker, ITHS Research Nurse Manager

9:50 - 10:35am: **Bridging the Gap from Coordinator to Leader** *(Orin B. Smith Auditorium)*
Carly Gintz, Fred Hutch

10:35 - 10:45am: Break

10:45 - 12pm: <u>Morning Breakouts:</u> **Interactive skills building to grow expertise in communication and planning**

     Option 1:   **Share Your Wisdom: Authorship for Research Coordinators** *(Brotman Auditorium)*
Martha Horike-Pyne, University of Washington

     Option 2:   **Research Coordinator as a Negotiator** *(Room C-123A)*
Karen Adams, Institute of Translational Health Sciences

     Option 3:   **Protocol Optimization** *(Room C-123B)*
Bojana Askovich, Seattle Cancer Care Alliance

12:00 - 12:50pm: **Networking Lunch** *(Combined rooms C-123A-B and Brotman Auditorium)*
Catered lunch

1:00 - 1:55pm: <u>Afternoon Breakouts:</u> **Discussion sessions to encourage sharing on frontline research topics**

     Option 1:   **Closing the Loop: Providing Results to Research Participants** *(Orin B. Smith Auditorium)*
Mike Donahue, Institute of Translational Health Sciences

     Option 2:   **Transforming Informed Consent** *(Room C-123-A)*
Bran LeFae, Seattle Cancer Care Alliance

     Option 3:   **Working with Patients throughout their Lifespan: Self-Care for the Research Coordinator** *(Room C-123B)*
Lauren Eaton, Seattle Childrens Research Institute

1:55 - 2:10pm: Break

2:10 - 3:10pm: **PANEL: Ahead of the Curve: Using Technology to Advance Research** *(Orin B. Smith Auditorium)*
Moderator: Amy Good
Panelists: Jesse Gritton and Elizabeth Kleine, Seattle Childrens Research Institute; Javier Rizo and Julie Cooper, University of Washington

3:10 - 3:30pm: Closing remarks *(Orin B. Smith Auditorium)*
Laura Baker, Institute of Translational Health Sciences

3:30 – 4:30pm: Post-Conference Networking Hour with speakers and participants *(SLU Lounge)*

Session Descriptions

Bridging the Gap from Coordinator to Leader

How can you meaningfully grow as a leader? This session will focus on finding your way as a leader in your role as a research coordinator. Reflect on what inspires your work to create a personal leadership vision statement that is action-focused to direct your career forward.

Share Your Wisdom: Authorship for Research Coordinators

Would you like to be published, but don't know where/how to start? If you conduct yourself as you've always done, you'll get out of your job what you've always gotten. This session will discuss how research coordinators can make their mark by carving out a unique research role or reflecting on their experiences conducting clinical research to become an author.

Protocol Optimization

Research coordinators hold a trove of practical clinical research experience that they can leverage to help improve new studies from the start. This session will introduce a framework for research coordinators to use to assess a new grant or protocol to enhance feasibility in the clinical setting. Small groups will utilize this tool to evaluate case studies and share ideas.

Research Coordinator as a Negotiator

Coordinators often navigate tricky situations and negotiate with stakeholders, from research oversight offices to patients. This session will offer a fresh take on how to facilitate shared goals and build trusted relationships in research coordination. Attendees will break into small groups and apply interpersonal communication skills and fundamental negotiation principles to problem solve challenging case studies.

Transforming Informed Consent

Is informed consent on the cutting edge of big change in the U.S.? This session will discuss current national conversations on informed consent models and forthcoming innovations. We will explore different models of informed consent including eConsent, interactive visual formats, plain language consent, and considerations for special populations. Bring your ideas to share with your peers!

Closing the Loop: Providing Results to Research Participants

Studies show that research participants want to hear the results of their participation in research, whether or not the results are of clinical relevance. Providing results has its role in study retention and participant engagement, but raises ethical and practical considerations. This session will discuss the issues to consider when sharing results, provide guidance, and discuss the value of incorporating it into research practice. We will use case studies to frame a discussion about best practices for sharing results among different types of studies and research populations.

Working with Patients throughout their Lifespan: Self-Care for the Research Coordinator

Research coordinators interact with diverse populations and relate to people across the lifespan as they encounter health-driven life changes, including challenging diagnoses, death, and dying. The emotional side of being a research coordinator is rarely discussed. Attendees will use case studies to discuss ideas on how to create healthy boundaries and care for yourself to promote longevity for your career.

Ahead of the Curve: Using Technology to Advance Research

In partnership with investigators, coordinators are actively employing technological innovation to advance recruitment, consent and data capture in exciting ways. Panel members will discuss examples of how their research teams use new technology. With audience participation, the group will explore the influential role of the research coordinator in brainstorming and executing innovative ideas for study implementation.
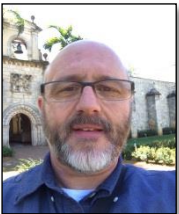
Speaker Bios A-Z

Karen Adams is a Regulatory Specialist at the University of Washington, Institute of Translational Health Sciences. Karen has worked in clinical research for over 10 years and has a background in research coordination, research compliance, training and mentoring. In the Research Coordination Center, Karen consults with investigators to turn a research protocol into a thriving study. She provides start-up support to ensure studies are designed practically while meeting important ethial principles and regulatory requirements. Prior to working with ITHS, Karen was a biomedical reviewer at the UW Human Subjects Division. There, she specialized in minimal risk research, and worked to modernize the requirements of studies requiring UW IRB approval.

Bojana Askovich, MD, PhD is the University of Washington's Phase 1 Oncology Program Administrator at the Seattle Cancer Care Alliance, a position she has held since 2009. Bojana earned her MD at the University of Belgrade in Serbia where she also pursued undergraduate studies in microtubule assembly and drug biding. She then moved to the U.S. to continue her research, completing her PhD in Biophysics at the University of Mississippi and postdoctoral studies in pharmacology at the Fox Chase Cancer Center. Bojana's interest in anti-cancer drug development brought her to Gilead and OSI Pharmaceuticals, where she was first introduced to clinical research and decided to make the switch from lab to clinic. She spent the next 5 years building a clinical research program at the department of Pediatric Cardiology at the University of Utah, assuming the role of Assistant Professor and Associate Director of Clinical Research. Bojana has authored and co-authored 14 peer-reviewed scientific articles and more than 20 abstracts.

Julie Cooper is the project manager for the mobile health app, mPOWEr, a joint project between the UW Departments of Nursing and Surgery. This is her first experience working in mHealth after a combined 8 years working in project management and public health policy in the UW Pediatrics and Psychiatry departments. Prior to working at UW Medicine, Julie worked on a long-term Robert Wood Johnson Foundation effort – the Urban Health Initiative – housed at the UW Evans School of Public Policy. Julie is a graduate of Mount Holyoke College and spent a few years working in New York City for both state and nonprofit agencies before attending graduate school at the UW Evans School where she received her Masters Degree in Public Affairs. In addition to her work on mPOWEr, Julie also manages several other studies at the Surgical Outcomes Research Center.

Michael Donahue is a Research Coordinator at the University of Washington, Institute of Translational Health Sciences. In the Research Coordination Center, Mike is a seasoned coordinator, and provides a wide-range of general research coordination, regulatory support, and study monitoring to investigators. Mike has travelled globally to provide research training for investigators and staff, and has become skilled in problem solving recruitment and retention issues. He has provided extensive support for clinical research programs at the UW, HMC, and the VA, including: cardiology, hepatology, nephrology, surgery, oncology, otolaryngology, health services, rheumatology, and rehabilitation medicine.

Lauren Eaton holds a Masters Degree in Mental Health Counseling and has been working with Seattle Children's Research Coordinator Core since 2013. During that time her primary focus has been behavioral studies in pediatric hematology and oncology. As part of this research, Lauren has focused on resilience, stress management, coping strategies, and grief within this particular population.

Carly Gintz is a Clinical Research Coordinator at Fred Hutch. Her primary roles is to provide support to clinical teams in the management of National Clinical Trial Network studies across the Cancer Consortium. Carly brings both basic science and clinical research experience to her role. She received her Masters Degree in Nonprofit Leadership from Seattle University in 2013.

Amy Good, PhD is the Research Implementation Lead at the University of Washington, Institute of Translational Health Sciences. In the ITHS Research Coordination Center, Amy provides research coordination and general implementation support to investigators at UW, Harborview, and SCCA. Amy received her PhD in Clinical Psychology with a specialization in rehabilitation and behavioral medicine. She has been involved in health-related research for 30 years.

Jesse Gritton is a Clinical Research Associate with the Social Media and Adolescent Health Research Team at Seattle Children's Research Institute. She joined SMAHRT in 2014, after two years on the Emergency Department research team. Jesse received her MPH in 2012 from the Community-Oriented Public Health Practice (COPHP) program at the University of Washington. She is committed to health equity, and the principles of Community-Based Participatory Research. Her interests include the relationship between social cohesion and/or isolation and technology use; the disclosure of suicidality and depression on social media; ethics of research; digital disparities; social determinants of health; and online health communication strategies.

Martha Horike-Pyne, MPH, CIP is a Senior Research Coordinator at the University of Washington Division of Medical Genetics, and the Research Manager at the Northwest Institute of Genetic Medicine. Martha focuses on consenting participants into genetic studies and manages over 40 IRB approvals for a large research program. Martha uses her interest in human subjects protections as a scientist board member for two Seattle area IRBs. This work has allowed her to gain valuable insight into the needs of investigators and the requirements of the IRB. She has considerable experience in creating template consent form language for GWAS studies and in the evaluation of existing consent forms for NIH dbGaP compliance.

Elizabeth Kleine holds a Master of Arts Degree in Mental Health Counseling and has been a clinical research associate at Seattle Children's since 2009. After years of working with children with Autism she transitioned into research implementing behavioral interventions on research projects at Seattle Children's Center for Child Health, Behavior and Development. In 2012, she transitioned to Seattle Children's Research Coordinator's Core in the Center for Clinical and Translational Research. Currently, Liz works on two studies utilizing technology in research. Both studies involve educating parents of children with asthma, one via text message to improve communication with PCPs and the second, a home monitoring system aimed at increasing awareness of home air quality that includes a tablet "app."

Bran LeFae has a background in oncology research, from the laboratory bench to clinical research. They have an interest and expertise in plain language communication, driven by the need to bridge the gap between research and real life. To further this interest, Bran has brought a plain language initiative to the Phase 1 Clinical Trials Program at Seattle Cancer Care Alliance. They spend their days editing pharmaceutical industry written consent forms to increase readability and engagement for the Program's groundbreaking, often first-in-human, oncology trials.

Javier Rizo is a Research Coordinator at the University of Washington, Psychiatry and Behavioral Sciences within the recently formed Behavioral Science and Technology Center. Javier manages the planning, design, and implementation of multiple research projects integrating mobile technology with behavioral health. Prior to being a full-time coordinator, Javier worked on Harborview's inpatient psychiatric units as a Mental Health Specialist, where he started developing a DBT-focused clinical training and supervision program for nursing staff there. He also spent two years as a Research Assistant specializing in tracking and retention of participants with homelessness, substance use and mental health disorders from primary care clinics at Harborview.

Acknowledgements