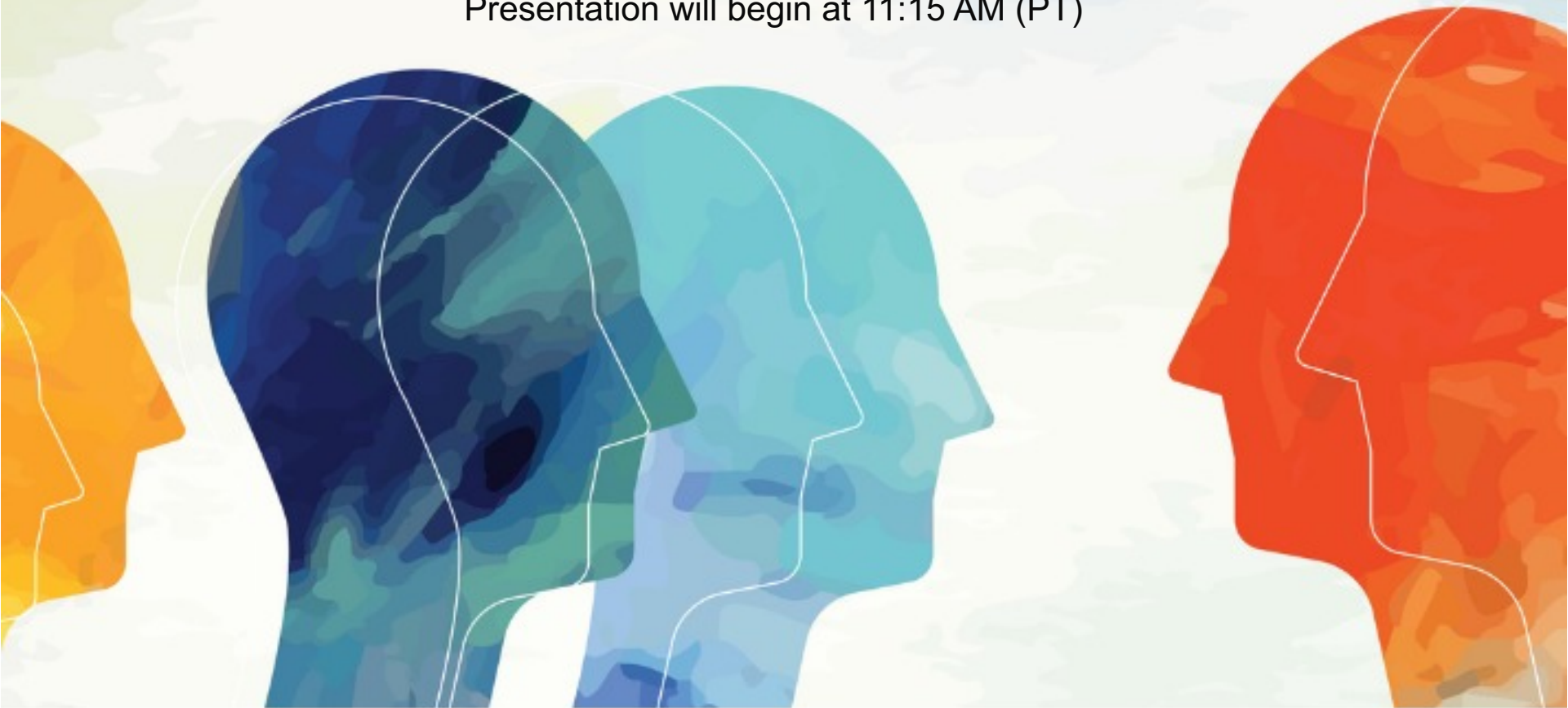


Leadership Skills: Getting Back to the Basics

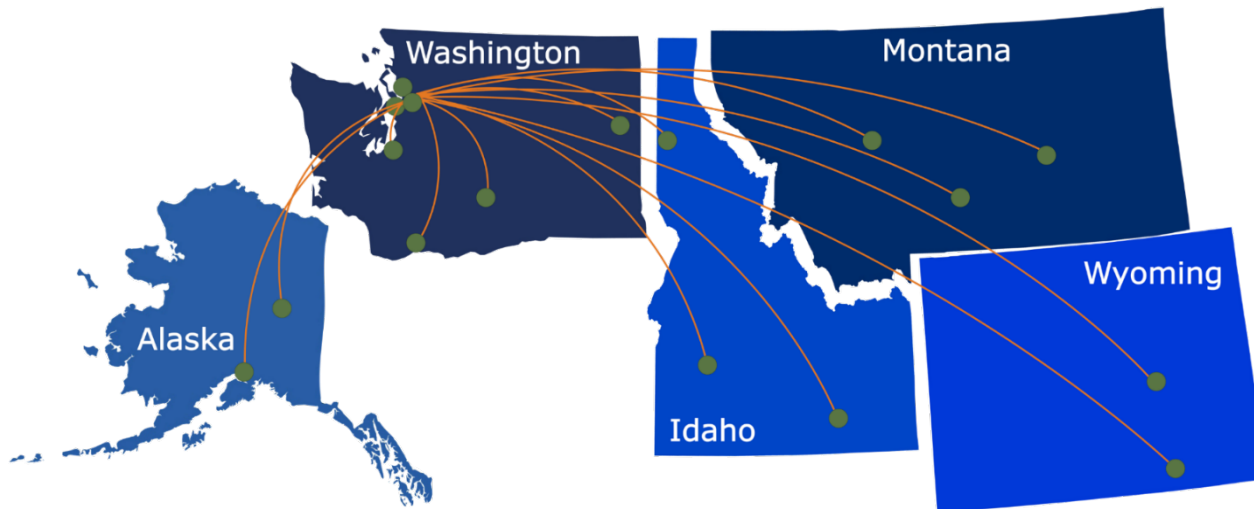
Presentation will begin at 11:15 AM (PT)



ITHS

Institute of **Translational** Health Sciences

ACCELERATING RESEARCH. IMPROVING HEALTH.



What We Offer:

- 1 Research Support Services:** Members gain access the different research services, resources, and tools offered by ITHS, including the ITHS Research Navigator.
- 2 Community Engagement:** Members can connect with regional and community based practice networks
- 3 Education & Training:** Members can access a variety of workforce development and mentoring programs and apply for formal training programs.
- 4 Funding:** Members can apply for local and national pilot grants and other funding opportunities. ITHS also offers letters of support for grant submissions.

Contact our **Director of Research Development**



- **Project Consultation**
- **Strategic Direction**
- **Resources and Networking**

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Feedback

At the end of the seminar, a link to the feedback survey will be sent to the email address you used to register.

Leadership Skills: Getting Back to the Basics

Presented by Lee Davis



Learning Objectives

- 1 Explain and demonstrate the benefits of interrogating reality to determine the effectiveness of systems, processes, and behaviors.
- 2 Demonstrate how to actively and holistically listen to build trust, integrity, and radical transparency.
- 3 Explain and integrate the concept of Compassionate Leadership to help build and support self-worth, vulnerability, and grit, within yourself and your team.

INTERROGATING REALITY

Why interrogate reality?

The Birth of Reality:

Thoughts...Words...Actions...Habits...Character...Destiny (Thoughts are things and will Impact how you interpret, translate, and take action with people, events, experiences, and yourself).

How to interrogate reality?

By maximizing one's ability to see events/experiences/people

From a perspective that is objective, multi-angled, and

Intentional. This is 20/20 vision!



INTERROGATING REALITY (Cont.)

How to interrogate reality (Cont.)

Mechanisms: Integrity, transparency, excellence, progressive truth...

Benefit?

Increased success and positive impact:

1. Relationships/Team Development
2. Performance/Competency
3. Emotional Intelligence
4. Engagement



Enhance Relationships are dynamic, functional, fluid

INTERROGATING REALITY (Cont.)

Questions on Interrogating Reality:

1. Describe how you will change the manner in which you do business and interact with your team/people/vendors now that you are interrogating reality?
2. What have you used as a leader/manager to create your current reality? Do you suspect if it's shaped and molded for you by external forces/sources or do you believe you have a significant part in its development? Why or why not?

HOLISTIC LISTENING

What is Holistic Listening?

The art of Holistic Listening is listening with every fiber of your being! That is ALL OF YOU!

- 1. Mind, body, spirit, intuition**
- 2. Pure Intent**
- 3. Non-judgemental**



HOLISTIC LISTENING (CONT.)

How to practice Holistic Listening?

1. Listen to understand not to reply
2. Do not interrupt
3. Listen with empathy and compassion
4. Do not judge
5. Enjoy helping others



The Art of the Wisdom of Compassion helps to neutralize the personal filters and layers that are created by you and social systems which mitigate holistic listening!

HOLISTIC LISTENING (CONT.)

Questions on Holistic Listening:

1. How do you currently create your ideal work setting? How do you measure the results?
2. How does Holistic Listening assist you in staff development and team fluidity and engagement?
3. Why is Holistic listening undervalued or devalued and how do you explain its relevancy to organizational alignment?

COMPASSIONATE LEADERSHIP

What is Compassionate Leadership?

Compassionate Leadership is the pure intent to experience another person's reality (What is seen and felt?).

Benefits:

1. **Trust**
2. **Engagement**
3. **Influence**
4. **Harmony**



COMPASSIONATE LEADERSHIP (CONT.)

By practicing genuine empathy, leaders are better postured to cultivate mindfulness and heartfulness in oneself and others.

Inspiring traits of Compassionate Leadership

1. Learn/unlearn
2. Removing barriers
3. Standards
4. Impact
5. Influence
6. Passion
7. Team



Questions on Compassionate Leadership:

1. Why do you suppose Compassionate Leadership is becoming more important in organizational planning and alignment?
2. How will the integration of Compassionate Leadership change the current culture in your Workspace?
3. What are three (3) leadership qualities you are currently using to create team comradery, engagement, and accountability?

Questions?

Thank you!

Feedback Survey

A link to the feedback survey has been sent to the email address you used to register.

Please get out your device, find that email, and spend a few moments completing that survey before you leave today.

Tip: If on a mobile device, shift view to landscape view (sideways) for better user experience.