## Career Development Series - Team Science Seminar Series 2023

## Session \#1: Teamwork and Collaboration



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## Session \#1: Teamwork \& Collaboration



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SCHOOL OF NURSING
UNIVERSITY of WASHINGTON

## Learning Objectives

## AT THE END OF THIS SEMINAR, PARTICIPANTS WILL BE ABLE TO:

1) Describe the goals and approach of the new Team Science Seminar Series.
2) Discuss the benefits and challenges of teamwork in various contexts.
3) Describe ways to foster collaboration in research teams.
4) Identify supporting features of highly functioning collaborative teams.
5) Distinguish collaborative leadership characteristics.


## Plan for the Day

- Welcome \& Introductions
- Overview of Team Science Seminar Series
- Key Team Science Concepts
- Collaboration and Teamwork
- Debrief/Wrap-Up
- Q\&A/Team Science Office Hours (final 15 mins of each seminar)


## Who Are We?

## ITHS TEAM SCIENCE CORE



Brenda Zierler, PhD, RN, FAAN Co-Lead Team Science


Erin Abu-Rish Blakeney, PhD, RN Co-Lead Team Science


Jonathan Posner, PhD Co-Lead Team Science


Laurel Barchet, BS, ADN Web Information Specialist


Jennifer Sprecher, MS Director of Strategic Development \& Deployment

## What We Do

Provide team training, consultation, leadership development \& facilitation for clinical, education \& interdisciplinary teams

## THE

JOSIAH MACY JR.
FOUNDATION

## Examples

- Team science trainings (150+ since 2017)—including annual team science workshop (next in Feb 2023)
- Academic promotion \& tenure toolkit for interdisciplinary researchers
- Team-Based Models of Care (i.e. interprofessional hospital rounds)
- National interprofessional faculty development program


## Who Are You?

## BREAKOUT ROOMS (5 MINS)

1) Share your name, area of research/study/work
2) What's one reason you came to today's team science seminar session?


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## What is the Team Science Seminar Series?

Overall Goal: Assist researchers in addressing challenges to collaboration \& collective team functioning, improving their ability to lead interdisciplinary teams, communicate \& build trust with their collaborators, \& identify the best ways to solve problems collaboratively.

Target Audience: Early career faculty, pre- and post-docs, and professional research staff

## Design Principles (informed by adult learning theory):

- Goal oriented content (tied to Team Science Competencies)
- Balance of didactic \& interactive content to facilitate immediate application
- Provide additional resources for self-directed learning


## 2023-2024 TEAM SCIENCE SEMINAR SERIES SCHEDULE

Logistics: 10 one-hour sessions occurring Oct 2022-July 2023 from 12pm-1pm on the $1^{\text {st }}$ Thurs of each month; certificate offered through ITHS if attend 8 or more sessions ( $80 \%$ ) \& complete session evaluations.

| Date | Topic | Date | Topic |
| :--- | :--- | :--- | :--- |
| $10 / 5 / 23$ | Introduction to the Team Science Seminar <br>  <br> Teamwork | $3 / 7 / 2024$ |  |
| $11 / 2 / 2023$ | Strategies for kicking-off new research <br> grants or centers | $4 / 4 / 2024$ |  |
| $12 / 7 / 2023$ | Team Writing: Opportunities \& Challenges | $5 / 2 / 2024$ |  |
| $1 / 4 / 24$ |  | $6 / 6 / 2024$ |  |
| $2 / 1 / 2024$ |  | TBD |  |

## What is Team Science?

- Team Science (TS) = is a collaborative effort to address a challenge that leverages the strengths \& expertise of professionals, often trained in different fields
- TS includes: small \& large teams; uni- and multidisciplinary groups; and efforts that engage multiple stakeholders
- Concurrent increase in study of best practices to facilitate positive team formation \& functioning ("Science of Team Science")


References: Bennett \& Gadlin, 2012;Baker B, 2015

## Why is Team Science Important?

- Interdisciplinary teams are needed to respond to complex clinical \& societal problems
- Issues of reproducibility in research
- Teaming is challenging but:
- Team skills can be learned
- Best practices for team structures, processes, \& policies are being identified \& can be implemented

References: Wuchty, Jones, Uzzi, 2007; Baker B, 2015; Bergerowski et al, 2021

Institute of Translational Health Sciences
accelerating research. Improving health.

## Can 'Team Science' Yield aCovid-19

 Treatment?

Enhancing reproduc
team best practices
Betsy Rolland ${ }^{1} 2$, Elizabeth S Burnside 123 Corrine I Voils 145 , Manish N Shah ${ }^{1} 67$
Allan R Brasier ${ }^{1} 7$

## What do we know about effective teams?

- The "who" of the team doesn't seem to matter
- Group norms do matter (how groups function when they gather/work together)
- Norms = traditions, behavioral standards, unwritten rules
- Successful teams share norms of:
- Team members share air time (approximately equal time speaking aka conversational turntaking)
- High sensitivity to how others on the team felt (and responding/exploring) based on tone of voice, expressions, and other non-verbal cues
- Findings consistent with Amy Edmondson's concept of "psychological safety"
- "shared belief held by members of a team that the team is safe for interpersonal risk taking"; "sense of confidence that the team will not embarrass, reject, or punish someone for speaking up"


## Team Science Competency Models

## Competency Domains

Journal of Clinical and
Translational Science
www.cambridge.org/cts
Research Methods and
Technology
Review Article
Journal of Clinical and
Translational Science
www.cambridge.org/cts
Implementation, Policy and
Community Engagement
Research Article
cite this article: Bisbey TM, Wooten kc,

Competencies supporting high-performance translational teams: A review of the SciTS evidence base

Allan R. Brasier ${ }^{1} \oplus$, Elizabeth S. Burnside ${ }^{1}$ and Betsy Rolland ${ }^{1,2} \odot$
${ }^{1}$ Institute for Clinical and Translational Research, School of Medicine and Public Health, University of WisconsinMadison, Madison, WI, USA and ${ }^{2}$ Carbone Cancer Center, School of Medicine and Public Health, University of Wisconsin-Madison, Madison, WI, USA

Implementing an evidence-based competency model for science team training and evaluation: TeamMAPPS

Tiffany M. Bisbey ${ }^{1}{ }^{( }$, Kevin C. Wooten ${ }^{2,3}$, Maritza Salazar Campo ${ }^{4}$, Theresa K. Lant ${ }^{5}$ and Eduardo Salas ${ }^{1}$
${ }^{1}$ Department of Psychological Sciences, Rice University, Houston, TX, USA; ${ }^{2}$ Office of the President, University of Houston Clear Lake, Houston, TX, USA; ${ }^{3}$ Institute for Translational Sciences, University of Texas Medical Branch, Galveston, TX, USA; ${ }^{4}$ Department of Organization and Management, University of California Irvine, Irvine, CA, USA and ${ }^{5}$ Department of Management and Management Science, Pace University, New York, NY, USA
-Affect
-Communication
-Management
-Collaborative problem-solving,
-Leadership

> -Facilitating awareness \& exchange
> -Psychological safety
> -Self-correction \& adaptation

## Scientific Collaboration in Clinical \& Translational Research

## Core Thematic Areas \& Competencies:

* Translational Teamwork

Leadership
Context - collaborative problem solving - much of the complex work in the modern world is performed by teams


## Collaboration \& Team Science

Published in final edited form as:
J Investig Med. 2012 June ; 60(5): 768-775. doi:10.231/JIM.0b013e318250871d.

## Collaboration and Team Science: From Theory to Practice

L. Michelle Bennett, PhD ${ }^{1}$ and Howard Gadlin, PhD ${ }^{2}$
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${ }^{2}$ Center for Cooperative Resolution, OD, NIH, 31 Center Drive, Bethesda Maryland, 20892, GadlinH@OD.NIH.GOV, 301-594-6916

## Fostering Collaboration: Key Elements

*Trust

- Shared vision
* Strategically identify team members
* Build an interdisciplinary team
\& Promote disagreement while containing conflict
* Set clear expectations for sharing authorship \& credit
* Leadership - self-awareness \& strong communication skills

"Helen, you're the Team Leader, why don't you jump first?"


## Collaboration as Continuum

## Minimal levels of interaction

## Significant levels of interaction

Independent
investigator's lab; limited interaction w/others

2 researchers from different labs working together

A team led by 1 or more scientists composed of researchers w/diverse backgrounds \& different areas of expertise

## Impetus to Form Collaborations

1. The interpersonal context (relations among scientists)*
2. The funding context
3. The sectoral context (academic, corporate, governmental)
4. The context of participating organizations
 (university departments, research labs, etc.)

## Highly Functioning Collaborative Teams

$\checkmark$ Self awareness (social styles, Thomas Kilmann Inventory)
$\checkmark$ Emotional intelligence (conscious of self, conscious of others, conscious of context)
$\checkmark$ Lean Project Charter
$\checkmark$ Team Agreements
$\checkmark$ Teaming (need to create psychological safety \& trust)
$\checkmark$ Communication plan
$\checkmark$ Running effective meetings
$\checkmark$ Professional development (leadership) and mentoring of team
$\checkmark$ Continuous quality improvement (reflection on what is working well; what could be improved)

## Collaborative Leadership Characteristics



## Recognize Communication Differences



## Sharing Recognition \& Credit



Journal of Interprofessional Care
ISSN: 1356-1820 (Print) 1469-9567 (Online) Journal homepage: https://www.tandfonline.com/loi/ijic20

Interprofessional education and practice guide: interprofessional team writing to promote dissemination of interprofessional education scholarship and products

Mia T. Vogel, Erin Abu-Rish Blakeney, Mayumi A Willgerodt, Peggy Soule Odegard, Eric L. Johnson, Sarah Shrader, Debra Liner, Carla A. Dyer, Leslie W. Hall \& Brenda Zierler

## Team Writing

W
CENTER FOR HEALTH SCIENCES INTERPROFESSIONAL EDUCATION RESEARCH AND PRACTICE
UNIVERSITY of WASHINGTON


Interprofessional Team Writing Toolkit
This toolkit is designed for IPE and Collaborative Practice researchers of all levels interested in improving scholarly writing with their interprofessional teams.

https://collaborate.uw.edu/programs/tea m -science-initiative/interprofessional-team-writing-toolkit/

## Other Challenges

Appointment, Promotion, and Tenure (APT) within the context of interdisciplinary research (team science):

* Early career faculty perceive team science as risky
*stablishing themselves as independent investigators
* Review criteria for the evaluation of investigators particinating in team science
* Ongoing work on developing an APT Toolkit for faculty, chairs, APT Committees, external reviewers



# Collaboration Planning 

| Rationale for team approach <br> and configuration | Why is this work being done as a <br> team? |
| :--- | :--- |
| Collaboration readiness | How ready are the individuals, <br> team(s), and institution(s) to <br> collaborate? |
| Technological readiness | What technologies will be used to <br> support collaboration? |
| Team functioning | What team processes will be <br> leveraged to support collaboration? |
| Communication and <br> coordination | How will the team communicate and <br> coordinate their work? |
| Leadership, management, <br> and administration | What approach will the team take <br> to leadership, management, and <br> administration of the project? |
| Conflict prevention and <br> management | How will the team prevent and <br> manage potential conflicts? |
| Training | How will team members be trained <br> to collaborate on this project? |
| Quality improvement activities | How will the team assess the quality <br> of its team processes? |
| Budget and resource allocation | How will the team use its resources <br> to support strong team processes? |

## References

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## Local (UW) Resources

## ITHS Funding Opportunities: https://www.iths.org/funding/

UW Center for Health Sciences Interprofessional Education, Research, \& Practice: https://collaborate.uw.edu/

* UW Population Health Initiative -
https://www.washington.edu/populationhealth/
UW Collaboration Consortium - an informal collection of interdisciplinary centers on campus that has been meeting regularly to brainstorm and strategize ways to build support for interdisciplinary and communityengaged efforts on campus. Contact: Jennifer Davison
@jnfrdvsn@uw.edu
UW Collaboration Consortium: Collab consortium@u.washington.edu


## Debrief/Wrap-Up

- Please provide feedback on today's session!
- Feedback in chat
- Complete Today's Session Evaluation
- Next month's session:
- Strategies for kicking-off new research grants or centers
- Thurs 11/3/22 12:00pm-1:00pm
- Registration will go live in early October

