THOUGHTFUL DATA COLLECTION: GETTING THE BEST DATA FOR YOUR STUDY, BY DESIGN

Who We Are

One of 62 NIH-funded CTSA sites to support translational research

160 faculty and staff across all health science disciplines

\$17 million annual funding

Reach extends to 5 states: Washington, Wyoming, Alaska, Montana, Idaho



What We Do: Enable translation



Accelerate science to the clinic for the benefit of patients and communities

Turning observations into interventions



Learning objectives

Describe how to match the appropriate data collection method to your study populations

What type of data collection should you pick for your study?

Apply best practices to maximize data quality and quantity to real life scenarios

Learn about best practices about data collection and how they relate to data analysis

Use various REDCap features to improve data collection

Get acquainted with some of the more specialized features in REDCap

Practice evaluating your data needs

Put all this new knowledge to work

Een goed begin is het halve werk!

- Dutch Proverb -

A good start is half the job!

- Rough translation -



Your data collection does not live in a vacuum



Your data is the lynch pin in your study

- Principal investigators
- IRB's
- Funding sources
- Participants
- Your employees or coworkers
- University / Departments

So where to start?

Let me tell you how I work...

What's your ultimate goal?

Answer a specific set of research questions

The classic research model

Creating a repository for future studies

Collecting simple contact information and/or consent might be beneficially to future studies

To get funding for my next research project

Larger grants sometimes want to see pilot data

"Fishing expedition"

Collecting as much data as possible in the hope that something will be relevant and/or significant



Determine some basic aspects of your study



Ballpark estimates are the goal during this phase



Target population



- General age
- Willingness to participate
- (Computer) literacy
- Tolerance of contact
 - Number of encounters
 - Timing of encounters
- Location
 - ► Where do your subjects live?

Available resources



- People
- Time
- Money
- Tools
- Internet availability

People

Time

Money

Tools

Internet Availability

People

- Available FTE
- Expertise
 - Study design
 - People skills
 - Computer savviness
- Compensation
- Participants can
 - be resources!



People

Time

Money

Tools

Internet Availability

Time

- Timeline of your study
 - When are you collecting data?
- Design
- Testing
- Deadlines
 - Data entry
 - Data analysis

People

Time

Money

Tools

Internet Availability

Money

- Operating costs
 - ► Hardware
 - Licensing
 - Office supplies
 - Paper
 - University "Cut"
 - Salaries
 - Consulting fees
- Participant compensation

People

Time

Money

Tools

Internet Availability

Tools

- Data capture tools
 - REDCap, Catalyst, Excel or Access

Paper

- Industry SaaS options
- Data analysis
 - Statistics
 - Visualization
- Hardware
 - Tablets
 - Desktops or laptops
 - B.Y.O.D. (Bring Your Own Device)

People

Time

Money

Tools

Internet Availability

Internet availability

Online

- Reliability
- Speed
- Email capability
- ► Offline
- Hybrid
 - Access depends on:
 - Location
 - Time
 - Costs



Target sample size



- Quantity
- Quality
- Ease of recruitment
- Enrollment ratios
- "Finishers" ratios
- Statistical power

Variables



- Essential vs Optional
 - Hypothesis crucial
 - Legally mandatory
- Anonymous vs identified
- Nature of variables
 - Low risk
 - Personal Health Information (PHI)
 - "Super" PHI





- Single site
- Multiple sites
 - Stakeholders
 - Local politics
 - Multiple IRB's
 - Location
 - Local, National, International
 - Language
 - Data model
 - Federated
 - Spider in a web

- What?
- When?
- Where?
- ✤ Who?
- How?

Institute of Translational Health Sciences Accelerating Research. Improving Health.

What are you collecting?

Variables

- Number
- ▶ Туре
- Nature
- Time commitment (average)
- What are your targets?
 - People
 - Events
 - Things (diagnoses,

medications, devices)

What?

When?

Where?

Who?

How?

What?

When?

Where?

Who?

How?

When are you collecting it?

- Collection points
 - Total number
 - Intervals
 - Triggers
 - Time (Daily, weekly, monthly)
 - Event based (When participant

visits ED)

Where are you collecting it?

What? When? **Where?** Who? How?

- Online
 Desktop
 Mobile
 Text message
 Browser
 - Phone call
- Offline

- In-person
- Paper
- REDCap Mobile App
- Extraction from a medical system

ITHS Institute of Translated Accelerating Res

What?

When?

Where?

Who?

How?

Who is doing the collecting?

- Participants
- Study personnel
- "Hearsay" people
 - Clinicians
 - Parents
 - Social workers





What?

When?

Where?

Who?

How?

How are you doing your collection?

- Electronic Data Capture (REDCap)
 - Data entry
 - Survey
 - Data import
- Paper forms
- Machine generated
 - Images (MRI, CAT, Ultrasounds)
 - "Fitness trackers"
 - Data dump from a database (EMR)
 - All of the above

Example Cases

Long Acting Reversible Contraception (LARC)

Soccer Traumatic Brain Injury (TBI)

Headache Clinic

Autism Center

Long Acting Reversible Contraception (LARC)

What?	 EMR Medical data (~500 variables) Targets: Women with IUD's
When?	Retrospective over the last 3 years
Where?	• Extraction from the EMR data warehouse, the EMR itself
Who?	Data analyst & research coordinators
How?	• EMR data dump & manual abstraction

Soccer Traumatic Brain Injury (TBI)

What?	 Mental state, trauma data, scoring tools (150 variables) Targets: 7 to 14 year olds that play soccer
When?	• Single time point. At various soccer tournaments
Where?	On location, Online via mobile devices
Who?	Research coordinators, parents, children
How?	Questionnaires on tablets or phones

Headache Clinic

What?	 Headache symptoms, scoring tools (100~200 variables) Targets: Adult patients with chronic headaches
When?	• Multiple time points. Generally before a clinic visit
Where?	• Online
Who?	Study participants
How?	 Questionnaires via email invitation, choice of desktop or mobile

Autism Center

What?	 Social history, scoring tools (200~300 variables) Targets: Parents, patients
When?	 Multiple time points. During clinic visits, online follow up surveys
Where?	• In clinic, online
Who?	Study coordinators, parents
How?	 Questionnaires via email invitation, choice of desktop or mobile, manual data entry online

Questions?



Workshop Case (Marathon)

Goal	Track the wellbeing of the Marathon runners
Target Population	Marathon runners doing the 2017 Seattle marathon
Available Resources	UW Medicine MD, First aid workers, mobile laboratories, tablets
Target Sample Size	~7.000 runners
Variables	Injury details, medical history, demographics
Sites	14 first aid tents spread out over the course



Workshop Case (Marathon) example solution

What?	 Medical history, injury history, local lab results, demographics Targets: Marathon runners
When?	• Pre-race, during the race, post race
Where?	• 14 First aid tents, online
Who?	• Marathon runners, first aid workers
How?	 Questionnaires via email invitation, choice of desktop or mobile, REDCap mobile app during the race on tablets



Thank You

Questions?

CONNECT WITH ITHS

www.iths.org







Visit ITHS.org to Become an ITHS Member

Join a unique catalyst that accelerates discoveries to practice.

Access

Members gain access the different research services, resources, and tools offered by ITHS, including the ITHS Research Navigator.

Education and Training

Members can access a variety of workforce development and mentoring programs and apply for formal training programs.

Funding

Members can apply for local and national pilot grants and other funding opportunities. ITHS also offers letters of support for grant submissions.

Collaboration

Members can connect with collaborators across the CTSA consortium.

