

# Surviving & Thriving During the Research Years

Location: UW South Lake Union, Brotman Auditorium, Brotman Building  
<https://medicine.uw.edu/education/research-fellows-orientation-course>

## Co-Directors

Ellen Schur, MD-MS  
Associate Professor, Dept. Medicine  
Div. of General Internal Medicine  
UW Nutrition and Obesity Research Center  
Phone: 206-744-1830

Thomas Hawn, MD-PhD  
Professor, Dept. Medicine  
Div. of Allergy & Infectious Diseases  
206-616-4124

## Friday July 28, 2017

- 8:00-8:20am           **Coffee & Pastries**
- 8:20-8:30am           **Course Introduction** – Drs. Ellen Schur & Tom Hawn
- 8:30-9:15am           **Appointments and Promotions: Climbing the Ladder**  
Bradley Anawalt, MD  
Professor  
Chief of Medicine  
Vice Chair, Department of Medicine  
University of Washington School of Medicine
- 9:15-10:00am         **Writing a Manuscript & Getting your Work Published**  
Anna Wald, MD-MPH  
Professor  
Division of Allergy & Infectious Diseases  
Department of Medicine  
Department of Epidemiology
- 10:00-10:30am       **Break**
- 10:30-11:15am       **Grants 101 Part I: NIH Structure & Behind the Scenes at a Study Section**  
Thomas Hawn, MD-PhD  
Professor  
Division of Allergy & Infectious Diseases  
Department of Medicine
- 11:15-11:45am       **Grants 101 Part II: Introduction to Research Administration**  
Monica Fawthrop  
Administrator  
Division of Pulmonary and Critical Care Medicine  
Department of Medicine
- 11:45am-12:00pm    **A View from the Chair**  
William J. Bremner, MD-PhD  
Professor and Chair  
Department of Medicine  
The Robert G. Petersdorf Endowed Chair in Medicine
- 12:00-1:30 pm       **Lunch Breakout Session**  
Box lunches provided.

Choose small group:

**A. Meet the Chair:**

William Bremner, MD-PhD

**B. Work Life Balance**

Chris Surawicz, MD  
Professor of Medicine,  
Division of Gastroenterology  
Department of Medicine

**C. Industry Opportunities: What is Available?**

Wayne Tsuji, MD

**D. Bring your CV for on-site review**

Thomas Hawn  
Ellen Schur  
Opportunity to discuss and review CV with colleagues and faculty

1:30-2:15pm

**Grants 101 Part III: Training & Career Development Awards**

Sheila Lukehart, PhD  
Professor of Medicine  
Division of Allergy & Infectious Diseases

2:15-3:00pm

**Making the Most of Your Mentor: A Guide for Mentees**

Ellen Schur, MD-MS  
Associate Professor of Medicine  
Div. of General Internal Medicine

3:00-3:15pm

**Questions & Course Wrap-Up**

## **Suggested Reading**

Barker, K. (2005) *At the Bench: A Laboratory Navigator*. New York: Cold Spring Harbor Laboratory Press.

Barker, K. (2002) *At the Helm: Leading Your Laboratory*. New York: Cold Spring Harbor Laboratory Press.

Day, R.B. & Gaster, B. (2006.) *How to write and publish a scientific paper*. (6th Ed.) Greenwood Press.

Hailman, J.P. and K.B. Strier. (1997.) *Planning, Proposing, and Presenting Science Effectively: A Guide for Graduate Students and Researchers in the Behavioral Sciences and Biology*. Cambridge: University Press.

Johnson, S.R. *Getting email under control*. Acad Phy Sci. June, 2006

Strunk, W., Jr., & White, E.B. (2000). *The elements of style* (4th ed.).New York: Macmillan.

Zeiger, M. (2000.) *Essentials of Writing Biomedical Research Papers*. New York: McGraw-Hill Inc.

Zerzan JT, Hess R, Schur E, Phillips RS, Rigotti N. Making the most of mentors: A guide for mentees. Acad Med, 2009 Jan;84(1):140-44.