

# ITHS Career Development Series

November 30, 2017



Fostering Collaboration  
in Translational Science



**ITHS**

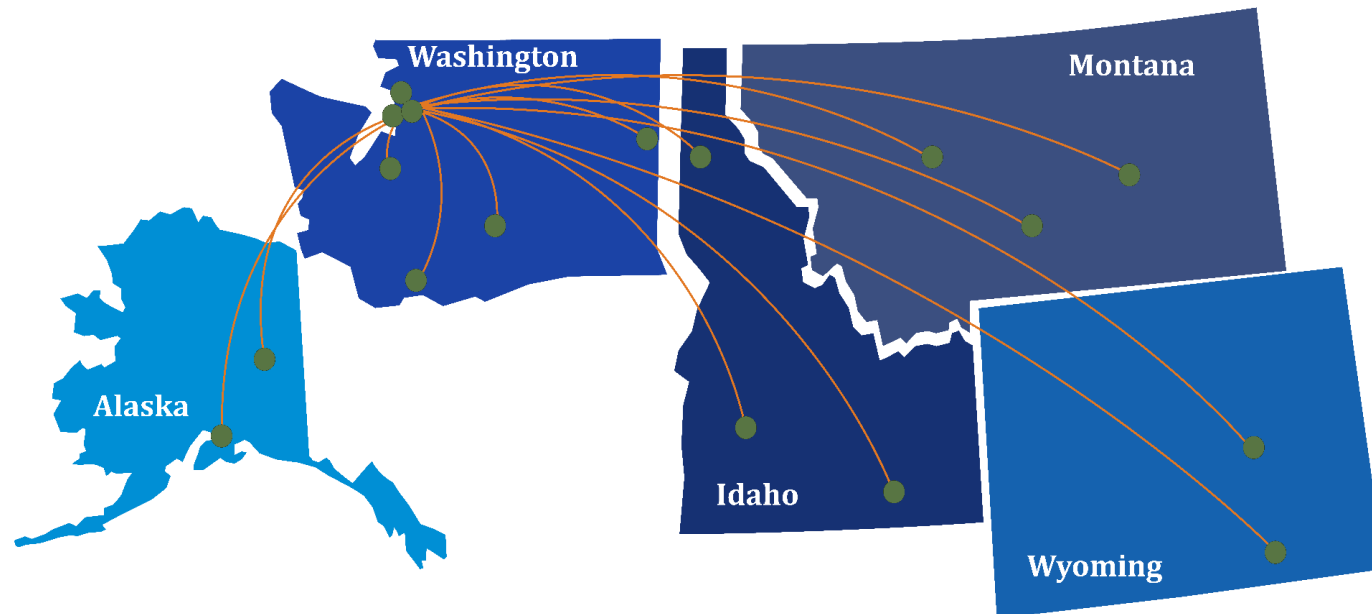
Institute of Translational Health Sciences  
Accelerating Research. Improving Health.

# Introduction to the Institute of Translational Health Sciences

**Larry Kessler, ScD**

*Faculty Director, ITHS Workforce Development*

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# THE INSTITUTE OF TRANSLATIONAL HEALTH SCIENCE

The **ITHS** is dedicated to speeding science to the clinic for the benefit of patients and communities throughout Washington, Wyoming, Alaska, Montana, and Idaho.

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Visit [ITHS.org](https://ITHS.org) to become an ITHS Member

**Join a unique catalyst that accelerates discoveries to practice.**

- Gain **access** the different research services, resources, and tools offered by ITHS, including the ITHS Research Navigator.
- Access a variety of **workforce development and mentoring programs** and apply for **formal training programs**.
- Apply for local and national **pilot grants** and other funding opportunities. ITHS also offers letters of support for grant submissions.
- Connect with **collaborators** across the CTSA consortium.

# What We Offer



Career  
Development  
Series

Education  
and Training

Community  
Engagement



Consulting  
and Services

Accelerating Research.  
Improving Health.

Research  
Units

Translational Research Units  
Gene & Cell Therapy Lab



Tools

Funding



# Institute of Translational Health Sciences

## Career Development Series



Send ideas for future topics to:

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Director of Education, ITHS

**SALG@UW.edu**

206-616-6283



Institute of **Translational** Health Sciences  
Accelerating Research. Improving Health.

# Please Complete the Session Evaluation



# CONNECT WITH ITHS

**[www.iths.org](http://www.iths.org)**



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Join a unique catalyst that accelerates discoveries to practice.

## Access

*Members gain access the different research services, resources, and tools offered by ITHS, including the ITHS Research Navigator.*

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## Education and Training

*Members can access a variety of workforce development and mentoring programs and apply for formal training programs.*

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## Funding

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## Collaboration

*Members can connect with collaborators across the CTSA consortium.*



# Today's Agenda

**ITHS Introduction**

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**Liberating Structures: Impromptu Networking**

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**Overview: Team Science & Collaboration**

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**Liberating Structures: 25/10 Crowdsourcing**

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**Open Discussion/Debrief**

# Liberating Structures

## ► What are Liberating Structures (LS)?

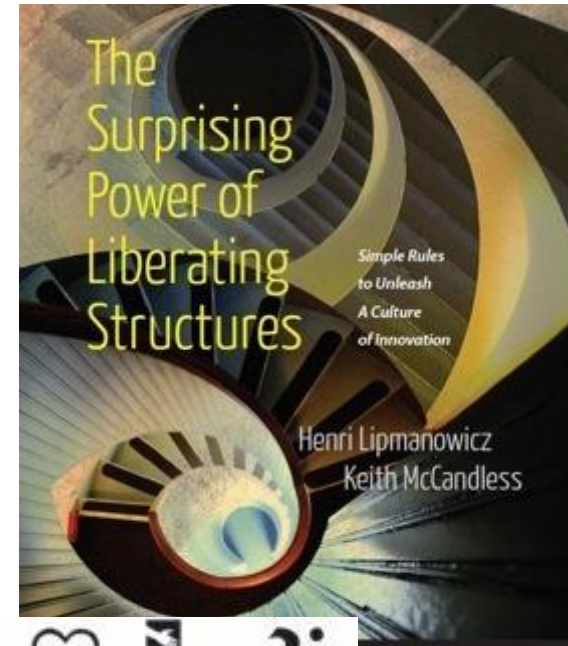
- Interactive methods to help organize groups

## ► When to use LS?

- Share information at meetings and conferences
- Planning and strategy
- Connecting to each other

## ► Why use LS?

- Inclusive of all participants
- Adaptable



# LS Impromptu Networking

## ► How it works

- Pair-up with someone new
- Answer a question/prompt
- Rotate at least 3 times

## ► Purpose

- Set the stage with pre-decided questions
- Participants meet each other and get up and move
- Helps shy participants



# Impromptu Networking: *Let's Try It!*

Pair Up. Take turns responding to the question below (60 seconds per person, then switch). Change speaking roles and partners with the bell.

**What do you hope to get from and give to this session?**

# Impromptu Networking: Debrief

1. Impromptu Networking Content: What new ideas did you have and/or hear?
2. Impromptu Networking Structure: Share some examples of how or where this structure might be useful in your work...



## Overview: Team Science & Collaboration

Erin Blakeney, PhD, RN, Brenda Zierler, PhD, RN, FAAN,

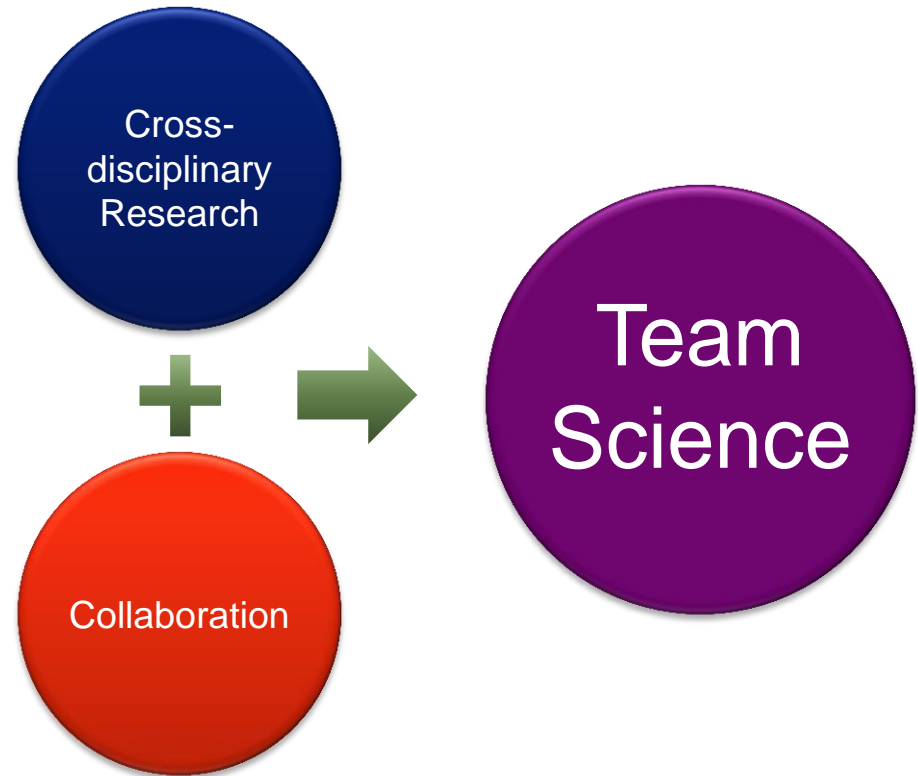


# What is Team Science?

**Team science** is a collaborative effort to address a scientific challenge that leverages the strengths & expertise of professionals trained in different fields.

Includes:

- small & large teams,
- uni- & multi-disciplinary groups,
- efforts that engage multiple stakeholders such as scientists, community members, & policy makers



# Why should I care about Team Science?

- ▶ Scientific & social challenges are increasingly complex
  - Need to collaborate to bring most advanced knowledge & methods to address challenges
- ▶ Today, 90% of all science & engineering publications have  $\geq 2$  authors
  - Most articles now written by 6-10 authors from  $\geq 1$  institution
  - Teams typically produce more highly cited research than individuals
- ▶ Specific to translational research:
  - Translational Research Competencies related to Team Science in thematic areas of:
    - ☐ Scientific Communication,
    - ☐ Translational Teamwork,
    - ☐ Leadership and
    - ☐ Cross-disciplinary Training
- ▶ Teams often encounter challenges that impact efficiency, productivity, & optimal functioning



# What challenges do teams face? (Part 1)

Diverse team members may lack a common vocabulary

Knowledge gaps can be difficult to overcome when two or more disciplines involved

Large team sizes increase burdens of communication & coordination;

Less person-to-person interaction impacts the building of trust & shared understanding of goals & roles with other group members

Multiple teams within a center or institution may have distinct goals that can lead to conflict around resources/recognition, etc.

# What challenges do teams face? (Part 2)

Teams often have permeable boundaries

Geographic dispersion

Teams have high levels of task interdependence

Incentive & reward structures often focus on individual research contributions (e.g. appointment, promotion, tenure, sharing of indirects)

# Do I have to work as part of a team?

## Not Necessarily...

- Depends on your questions, methods, etc.
- Many individual scientists continue to make critical contributions and important discoveries



However, **translational researchers** almost always need to collaborate with others to be able to achieve their goals...

# What drives team effectiveness?

## Team Processes

Including:

1. Shared understanding of team goals
2. Shared understanding of member roles
3. How team handles **communication**, **conflict**, and **hierarchy**
4. How teams make shared decisions

# How do you influence Team Processes? (Part 1)

## Team Composition

- Identify knowledge, skills and attitude required for effective performance of the project so that task-related diversity among team or group members can best match project needs

## Team Professional Development

- Teams need to be able to integrate member knowledge to achieve goals as well as to develop a shared understanding of research goals & member roles.
- Team training is often needed (though there is an evidence gap around best practices).

# How do you influence Team Processes? (Part 2)

## Leadership for Team Science:

- Research on organizational & team leadership has illuminated leadership styles & behaviors that foster positive interpersonal processes;
- Organizational & team leadership styles & behaviors can be acquired

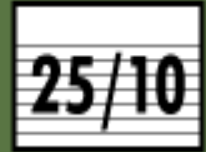
## Support In-Person & Virtual Collaboration:

- Determine ways to communicate progress, obstacles, & open issues;
- Need to intentionally foster exchanges that build trust, shared knowledge, & psychological safety

# References? Where can I go to learn more?

1. “What Google Learned from its Quest to Build the Perfect Team”  
NY Times, Feb 25, 2016:  
[https://www.nytimes.com/2016/02/28/magazine/what-google-learned-from-its-quest-to-build-the-perfect-team.html?\\_r=0](https://www.nytimes.com/2016/02/28/magazine/what-google-learned-from-its-quest-to-build-the-perfect-team.html?_r=0) .
2. National Cancer Institute Team Science Toolkit:  
<https://www.teamsciencetoolkit.cancer.gov/Public/WhatIsTS.aspx>
3. Cooke, N. J., Hilton, M. L., Science, C. on the S. of T., Board on Behavioral, C., Education, D. of B. and S. S. and, & Council, N. R. (2015). Enhancing the Effectiveness of Team Science. Retrieved from <http://www-ncbi-nlm-nih.gov.offcampus.lib.washington.edu/books/NBK310387/>
4. Falk-Krzensinski, H.J (2016). Team Science: Recognition & Reward, A Focus on Promotion and Tenure Policy and Publication. Powerpoint Presentation. Elsevier.

# 25-10 Crowdsourcing



## ► Purpose

- Rapidly Generate & Sift a Group's Most Powerful Actionable Ideas

## ► Structure

- Individuals write bold idea & first step on index card
- Pass & Individually Scoring of Cards (scores 1–5; 5 rounds)
- Whole group calculate and share highest final scores & ideas (“who has a 25?”)





# 25-10 *Let's Try It!*

On an index card, write:

**What is your boldest idea for fostering collaboration in translational science?**

**No names**

**Try to write legibly**

# 25-10 *Let's Try It!*

**Pass cards around while milling (5 rounds)**

**Rate each card:**

**1 = ho-hum to 5 = fabulous, “I’m in!”**

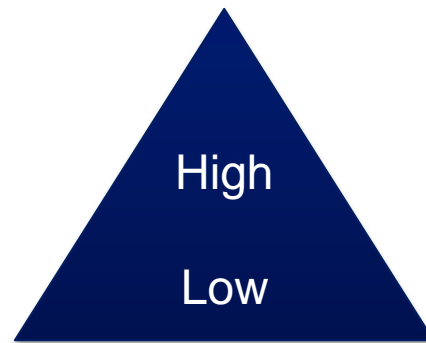
*Decide your score before looking at others*

*Put rating on the back of the card*

# 25-10 *Let's Try It!*

**Add all the scores after the last round**

**Post and/or collect high-to-low scoring ideas**



# 25-10 Debrief

1. 25-10 Content: What new ideas did you have and/or hear?
2. 25-10 Structure: How might this structure be helpful in generating ideas? Share some examples of how you might use this LS in your future work?

# Open Discussion/Debrief

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- 1) What questions do you have about Team Science and fostering collaboration for translational research?
- 2) What's one thing that you will take away from this session?
- 3) What aspects of working in teams would you like to know more about?

# Thank you!

Feel free to contact us!

Brenda Zierler [brendaz@uw.edu](mailto:brendaz@uw.edu)

Erin Blakeney [erin2@uw.edu](mailto:erin2@uw.edu)

# Seminar Evaluation

**PLEASE COMPLETE BEFORE YOU LEAVE**

# <https://is.gd/CareerDev>

The brief evaluation survey is accessed via phone, tablet or laptop here:

<https://is.gd/CareerDev>

Note that url is case sensitive: 'C' and 'D' need to be capitalized. Please complete the survey before leaving the room. Survey will close in the next 30 minutes.

Raise your hand if you would like a paper version of the survey instead of completing it on-line. Please complete only one form of the survey.

For those without cell service, please use a paper version of the survey.