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BEYOND THE “STEPPINGSTONE”

Long term professional trajectories in clinical research

MODERATOR: Kersten Brinkworth

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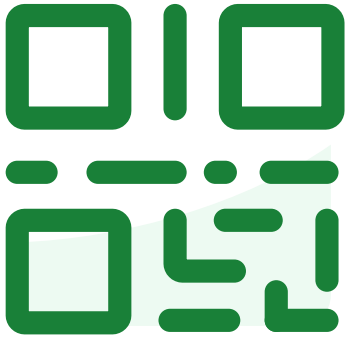

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Objectives

A **clearer understanding** of where you want to grow & what gives your work purpose.

A **self-assessment** of your strengths, development opportunities & personal values.

Practical **strategies** to increase your expertise, visibility, and influence.

Ideas for **building meaningful relationships** & a network that supports your career growth.



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What are you hoping to learn from the panel today?

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Panel Discussion



Kersten Brinkworth

Moderator



Kara Cooper



Dhanashree Sawant



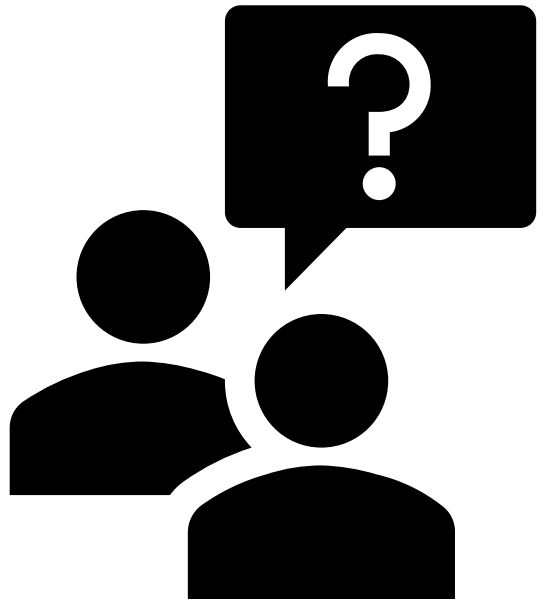
Sarah Trignano

Panelists

From the Panel

Was there a particular person, opportunity, or moment that changed your trajectory?

Knowing what you know now, what advice would you give to those new to clinical research?



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Self-Assessment

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What skill or competency would you most like to develop?

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From the Panel

Which of these skills or areas of growth has been most valuable to you in your own career?

Did you expect it would matter when you started?

How did you develop it?



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What's in the way?



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What is the biggest barrier to your career growth?

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From the Panel

Did you encounter a barrier like this in your career? What helped you move through it?



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Movin’ on Up

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What makes networking feel hardest?

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From the Panel

- How have relationships and professional connections influenced your career?”
- For someone who says, ‘I hate networking,’ what is one thing they could do tomorrow to start building their network ?



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Purpose

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What does career success mean to you?

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From the Panel

Has your definition of career success changed over time?



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Panel Q&A



In Closing

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What is one action you feel you can take after today?

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Resource Guide

Career Development

- How great leaders inspire action (start with Why?) Simon Sinek
- Career Assessment Tools | It's Your Yale

Clinical Research

- Association of Clinical Research Professionals - ACRP
- SOCRA The Society of Clinical Research Associates, Inc.
- ITHS | Accelerating Research. Improving Health.
- Home - Joint Task Force for Clinical Trial Competency
- The Research Clinic | ORI - The Office of Research Integrity
- Participant-Centered Informed Consent Training | HHS.gov

Artificial Intelligence

- How to Use AI Tools as a Clinical Research Coordinator | Society for Clinical Research Sites

- NIH VideoCast - OHRP Exploratory Workshop 2024 - The Evolving Landscape of Human Research with AI – Putting Ethics to Practice

Recommended Reading

- Read the Belmont Report | HHS.gov
- The Immortal Life of Henrietta Lacks

Career Management Document

- Unlike a resume, which is written mainly for employers, a career management document is just for you!
- Review and update it regularly as goals, experience, and opportunities change
- It doesn't need to be anything fancy!
- An Excel spreadsheet with a list of your accomplishments is a great place to start.

Projects	**Date**
RARC project	April 2024- June 2024
Training Pilot	Jan 2024
Wins	
Identified a new process to improve start up	February 2024
NED keynote talk	2/26/2024
Helped a CRC with Epic question	3/2/2024
Goals	
Attend 5 SmartSheet learning sessions	By September 2024
Training & Development	
Implicit Bias in Healthcare & Research	December 2023
Read Hidden Potential	March 2024

CLINICAL RESEARCH CAREER SELF-ASSESSMENT

Reflect on your goals, assess your skills, identify development gaps, and create an action plan.

1. MY CAREER DIRECTION

Current Role/Title:	
Time in Current Role:	

In the next 1–2 years, I would like to:

_____

In the next 3–5 years, I would like to:

_____

2. WHAT MATTERS MOST TO ME?

Select up to three factors that are most important to you in your career:

☐ Helping others	☐ Making an impact	☐ Learning and growth	☐ Opportunity
☐ Work-life balance	☐ Flexibility	☐ Collaboration	☐ Independence
☐ Innovation	☐ Recognition	☐ Stability	☐ Growth
☐ Problem-solving	☐ Income	☐ Adventure	☐ Other: _____

3. MY STRENGTHS

What are you hoping to learn from the panel today?



What skill or competency would you most like to develop?



Thank You!

